

Speaker Introduction

Dr. Kalpana Sundar is a physician, entrepreneur and speaker with a passion to empower women to rediscover satisfaction in their careers and regain a healthy balanced life.

Board certified in Otolaryngology/Head and Neck Surgery and Facial Plastic Surgery, Dr. Sundar began her career in medicine from a desire to help people but quickly found that the restrictions and guidelines imposed by insurance companies and the business aspects of medicine interfered with her career satisfaction. The long hours devoted to her career took her away from her family and robbed her of joy and balance in her personal life.

Seeking more satisfaction from her career and a more balanced life, Dr Sundar used her entrepreneurial skills to venture away from her successful medical practice to build Kalvera Skincare. Her search for non-toxic skin care products grew out of her own experience with thyroid cancer early in her medical career.

A recurring guest on WJXT and Buzz Media and an engaging blogger, Dr Sundar is a popular communicator and educator. She is also the author of the forthcoming book Beauty Unbound.

When not engaged in public appearances, Dr Sundar may be found traveling the country for business and pleasure, driving her race car, SCUBA diving and working towards a Black Belt in Krav Maga, or enjoying peace at home with her dog, Enzo.