

Dr. Kalpana Sundar is an Inspirational Speaker, Board Certified Physician/Surgeon and Entrepreneur. She communicates and educates to empower women to reclaim control over their professional and private lives - present and future.

Driven by the desire to help others, Dr. Sundar graduated from Nova Southeastern University in 1996, obtaining Board certification in Otolaryngology/Head and Neck Surgery and Facial Plastic Surgery. Immediately after residency she founded her own successful Ear, Nose and Throat Practice in St. Augustine, FL.

A diagnosis of thyroid cancer in her first year of medical practice caused Dr. Sundar to reflect deeply on the balance of career and personal life. Her search for fulfillment eventually led her away from her medical practice and toward the development of a chain of medical spas focused on empowering patients to be their best, most uniquely beautiful selves. A key component of her spa therapy is her own Kalvera Skincare line, created to provide women of all skin types with healthy, non-toxic, cruelty-free beauty care.

Dr Sundar has appeared frequently on the popular WJXT and BUZZ Media. She educates women on issues of beauty and balance in life through her articles on her website. She is also the author of the forthcoming book, *Beauty Unbound*.

Dr. Sundar resides in South Florida with her Malti-Tzu puppy, Enzo. In her free time she enjoys traveling, scuba diving, and is currently working toward a Black Belt in Krav Maga.